



**'PRESIDENTS CHALLENGE'
5KM CYCLE TIME TRIAL**

**MILLWATER ESTATE
SILVERDALE**

- RULES:**
- Stationary start at the blue keep left sign at the northern end of the traffic island.
 - Out and back 5km course to the end of Millwater Parkway.
 - Finish time stops when you pass through the entrance gate by carparks.
 - Normal road rules apply - safety first
 - Set your time, then try to better it by the end of summer or try to topple the president!
 - Email through your time and race name to wayne.sheryl.ross@xtra.co.nz and we will post your time on the club website.